

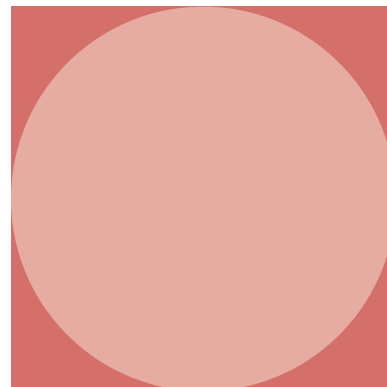
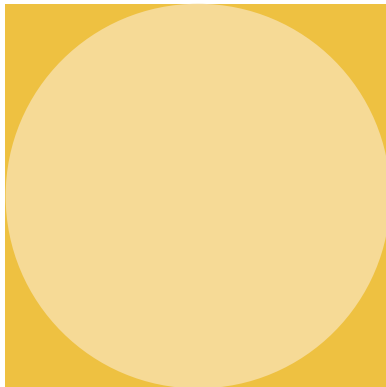
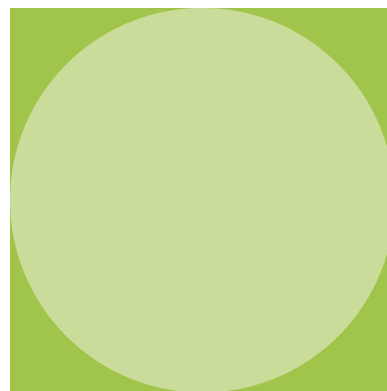
ICPH 2021

International Conference
on Physician Health™



A vision for humanity in medicine

Monday 26 – Friday 30 April 2021



Monday



Tuesday



Wednesday



Thursday



Friday



ASSOCIATION
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CANADIENNE



CANADIAN
MEDICAL
ASSOCIATION



MONDAY 26 APRIL 2021

14.30 – 15.00	Welcome to ICPH 2021 Event overview and opportunity to visit the platform					
15.00 – 15.15	Official welcome and introduction BMA president, Professor Sir Harry Burns AMA president, Dr Susan R Bailey CMA president, Dr Ann Collins					
15.15 – 16.45	Keynote session: A vision for humanity in medicine Chair: Dr Christopher Simon, CMA Panel: – Dr Jane Lemaire, clinical professor and vice chair physician wellness and vitality Department of Medicine, and director of wellness Cumming School of Medicine, University of Calgary, Canada – Dr Jennifer Warren, anaesthetist and para-athlete, UK – Professor Michael West, professor of organisational psychology, University of Lancaster, UK					
16.45 – 17.15	Visit the poster and trade exhibitions					
17.15 – 18.15	Concurrent sessions 1					
	1A Oral presentations: Perspectives and progress	1B Oral presentations	1C Oral presentations: Adapting and creating physician health services in the COVID-19 pandemic	1D Workshop	1E Workshop	1F Workshop
	123: Physicians Then and Now: A 30-year perspective on finding satisfaction and sustainability in medicine <i>Dr Karen Horneffer-Ginter, assistant dean for wellness, and Dr David Dunstone, associate professor emeritus in psychiatry, Western Michigan University, USA</i>	90: Implementation and Results of the Professional Well-being Program – Medical College of Uruguay <i>Dr Juan Daputo, program coordinator, Programa de Bienestar Profesional, Colegio Médico Del Uruguay (Professional Well-being Program, Medical College of Uruguay) and Facultad de Medicina - Universidad de la República, Uruguay</i>	714: Rapid Transformation of a Highly Responsive Well-Being Program in Response to COVID-19 <i>Dr Samantha Meltzer-Brody, chair of psychiatry and director of well-being program, Dr Nadia Charguia, medical director psychiatry outpatient services and Dr Echo Meyer, vice chair of psychological services, University of North Carolina School of Medicine, USA</i>	24: Using laughter to improve health and reduce stress <i>Dr Carrie Horwitch, primary care internal medicine physician, Virginia Mason Medical Centre, Seattle, USA</i>	442: A core outcome set for measuring wellbeing in doctors – have your say! <i>Dr Gemma Simons, clinical research fellow, Centre for Workforce Wellbeing, University of Southampton, UK</i>	295: Are we really listening? How to Design a Program to Understand and Prioritize Specific System Needs at the Individual Physician and Group Level <i>Dr Sarah Richards, medical director of patient and provider experience and Dr Bethany Lowndes, assistant professor, human factors, University of Nebraska Medical Centre and Dr Lindsay Gage, medical director of physician experience, Nebraska Medicine, USA</i>
	284: Changes in work stress among doctors in Norway from 2010 to 2019: a study based on repeated surveys <i>Dr Judith Rosta, senior researcher, LEFO – Institute for Studies of the Medical Profession, Norway</i>	304: A better performance, care and wellbeing for healthcare professionals: the Galatea Foundation experience in organizational interventions <i>Mrs Mari Pau Gonzalez-Olmedo, psychologist, PhD, training activities and interventions coordinator and Mrs Anna Mitjans, project manager, Galatea Foundation, Spain</i>	706: The CMA Wellness Connection: A national, virtual peer support program launched in response to the COVID-19 pandemic <i>Ms Taylor McFadden, program manager, physician health and wellness, Canadian Medical Association, Canada</i>			
	481: Uncovering the Physician Health and Wellness Landscape in Canada: A national analysis to inform a national framework <i>Dr Caroline Gerin-Lajoie, executive vice-president of physician health and wellness, Canadian Medical Association, Canada</i>	578: Creating a wellbeing hub to address diverse needs in an academic medical center <i>Dr Amy Locke, director and Dr Ellen Morrow, co-director, resiliency centre, University of Utah, USA</i>	715: Creating a culture of peer support for physicians during COVID-19 using Synchronous and Asynchronous Virtual Peer Discussion Groups <i>Dr Chantal Brazeau, assistant dean for faculty vitality and chief wellness officer and Dr Manasa Ayyala, assistant professor of medicine, Rutgers New Jersey Medical School, USA</i>			

TUESDAY 27 APRIL 2021

13.45 – 14.00	Platform open					
14.00 – 15.30	Concurrent session 2					
	2A Oral presentations: Medical students and junior doctors	2B Oral presentations: The gender gap	2C Workshop	2D Workshop	2E Workshop	2F Workshop
	38: Not so special? The mental health of medical students in context with general student mental health <i>Dr Sarah Rees, intervention development co- ordinator, National Centre for Mental Health, Cardiff University, UK</i>	348: Making up for being female? Rethinking work-life balance, medical time and gender norms in medicine <i>Dr Charlotte N L Chambers, director of policy and research, Association of Salaried Medical Specialists, Wellington, New Zealand</i>	670: Improving physician/medical student health research: our observations as reviewers <i>Dr Erica Frank, professor and research chair, University of British Columbia, Canada, Dr Tait Shanafelt, chief wellness officer, Stanford University, USA and Professor Reidar Tyssen, University of Norway, Norway</i>	639: The case for supporting Second Victims: What support mechanisms do anaesthetists need after a case has gone wrong? <i>Dr Maria Clement, consultant paediatric anaesthetist, Newcastle Upon Tyne Hospitals NHS Foundation Trust and Dr Helen Chipchase, consultant anaesthetist, South Tees Hospital NHS Foundation Trust, UK</i>	461: “An Inspector Calls” exploring doctors’ responses to critical scrutiny through the medium of Drama <i>Dr Helen Mackie, consultant and Mr Tosh Lynch, spiritual care, NHS Lanarkshire, UK</i>	565: Measuring and Responding to Mistreatment Among Medical Colleagues <i>Ms Greta Ehrhart, manager of strategic projects, Christianacare, USA</i>
	67: Understanding the barriers impacting on the psychological well- being of Australian junior doctors – a qualitative study <i>Dr Margaret Kay, medical director, Queensland Doctors’ Health Programme, Australia</i>	244: Conflicts in French operating rooms: risk factors are female, centre size, staff and age; a webmail survey <i>Dr Thomas Lieutaud, College Francais des Anesthésistes réanimateurs/SMART Commission, France</i>				
	347: Professional Support Unit in Wales – Using the Trainee voice to improve services <i>Dr Claire Curtin, consultant in acute and special care dentistry, Cardiff and Vale University Health Board and Dr Kathryn Speedy, ST4 in child and adolescent mental health services, Aneurin Bevan University Health Board, UK</i>	184: Burnout or Professional Fulfilment? Understanding the Well-being Gender Gap in General Surgeons <i>Dr Mihriye Mete, director of behavioral health research, Medstar Health Research Institute, USA</i>				
	465: Mainstreaming physician wellbeing and preventive health into the undergraduate medical curriculum: “Lifestyle Medicine and Prevention” at Imperial College School of Medicine <i>Dr Amy Bannerman, GPST1 and strategic clinical teaching fellow, Imperial College London School of Medicine, UK</i>	544: Exploring how work-life balance, mentorship, and discrimination impact gender disparities in physician burnout <i>Ms Carly Kaplan, research assistant, office of well-being and resilience, Dr Jonathan Ripp, senior associate dean for well-being and resilience and Dr Lauren Peccoraro, associate dean for faculty well-being and resilience, Icahn School of Medicine at Mount Sinai, USA</i>				
15.30 – 16.00	Visit the poster and trade exhibitions					
16.00 – 17.30	Keynote session 2: Resilience, regeneration and restoration – learning from others Professor Debbie Cohen, emeritus professor of occupational medicine, Cardiff University and guests People are leaving healthcare. Young and old, disillusioned, burnt out, or just lost their way. It has not really changed even with everyone’s best intentions and interventions. This plenary will offer the opportunity to open our eyes to potential different ways to affect positive change – for people, the work we do and our environment. Drawing on other system-level thinking beyond medicine we will explore how such things as permaculture could be a force for good to help us rethink our objectives. Do we really want to sustain our healthcare systems, or should we think about regenerating or restoring them? Is resilience the way to go? Working with charities, environmentalists and entrepreneurs who have recognised the importance of our outdoor world and natural spaces to improve and build wellbeing we will discuss how a more holistic approach might offer an opportunity to think differently.					

WEDNESDAY 28 APRIL 2021

13.45 – 14.00	Platform open						
14.00 – 15.00	Keynote session 3: COVID perspectives and learning Panel session						
15.00 – 15.30	Discussion groups: COVID experiences						
15.30 – 16.00	Visit the poster and trade exhibitions						
16.00 – 17.30	Concurrent session 3						
	3A Oral presentations: Residents, trainees and the learning environment	3B Oral presentations: Team development	3C Oral presentations: Psychological effects and interventions during the COVID-19 pandemic	3D Workshop	3E Workshop	3F Workshop	3G Workshop
	659: Diagnosis before Cure: towards a better understanding of wellbeing amongst UK doctors early in their training <i>Dr Daniel Turton, education academy fellow, Barts Health NHS Trust, UK</i>	119: The serious business of fun <i>Dr Heidi Edmundson, Whittington Health, London, UK</i>	703: Psychological consequences among residents and fellows during the COVID-19 pandemic in New York City: Implications for targeted interventions <i>Ms Carly Kaplan, research assistant, office of well-being and resilience, Icahn School of Medicine at Mount Sinai, USA</i>	258: From Surviving to Thriving: Implementing Positive Psychology Concepts to Improve Relationships and Promote an Environment of Well-Being <i>Dr Rebecca Margolis, assistant professor and residency director, Dr Samuel Yanofsky, professor and director of faculty and Dr Ilanit Brook, chief wellness officer, Children's Hospital of Los Angeles and University of Southern California/ Keck School of Medicine, USA</i>	333: Supporting autistic doctors <i>Dr Mary Doherty, consultant anaesthetist, Our Lady's Hospital, Navan, Dr Jenny Holmes, clinical lead – North West, NHS Practitioner Health and Dr Kai Rabenstein, associate specialist in anaesthetics, East Sussex Healthcare NHS Trust, UK</i>	597: Maximising opportunities to retain the skills of doctors with long-term conditions, enhancing their contribution to humane medical practice <i>Dr Sara Booth, associate lecturer, University of Cambridge and Dr Jon Spiro, consultant physician in occupational health, University of Cambridge, UK</i>	33: How can we better support our medical students? <i>Dr Andrew Molodynski, consultant psychiatrist, Oxford Health NHS Foundation Trust, Dr Sarah Farrell, core medical trainee, National Hospital for Neurology and Neurosurgery, London and Dr Murtaza Khadum, core medical trainee, St George's University Hospital NHS Trust, London, UK</i>
	314: Using quality criteria to improve the working environment for UK Core Medical Trainees <i>Dr Miriam Armstrong, senior policy advisor, Joint Royal Colleges of Physicians Training Board, UK</i>	193: A system-based intervention to address team values, well-being and optimal performance <i>Dr Jennifer Reese, associate professor of clinical practice, pediatric hospital medicine and Dr Reid Pearce, associate professor of clinical practice, University of Colorado School of Medicine, USA</i>	705: Application of Psychological First Aid to Healthcare Workers at Onset of COVID-19 Pandemic <i>Dr Ryan Matlow, clinical associate professor, Stanford University School of Medicine, USA</i>				
	435: Creating the conditions for doctors in training to thrive <i>Dr Helen Mackie, consultant, NHS Lanarkshire</i>	500: Use of cooperative games to facilitate insight, emotional regulation, and communication <i>Mr Nathaniel Williams, Professional Renewal Centre, Lawrence, Kansas, USA</i>	719: Group Psychoeducational and Reflective Practice Support for Mental Health and Disability Staff <i>Dr Richard Duggins, consultant psychiatrist in medical psychotherapy, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, UK</i>				
	455: The impact of the learning environment on surgical trainees' burnout and intention to leave specialty <i>Dr Daniel Marchalik, medical director, physician well-being, MedStar Health Georgetown University, USA</i>	542: Innovative approach to identifying and prioritizing drivers of stress in complex team based care settings <i>Dr Sara Stokes, research project manager, University of North Carolina Health Care, USA</i>	690: Proactive Wellbeing Check-Ins for Staff with Direct Patient Contact During COVID19 Surge <i>Dr Kristin E Edwards, chief wellness officer and medical director of palliative care, Yale New Haven Health – Bridgeport Hospital, USA</i>				
	608: Psychological safety as a framework for creating a positive clinical learning environment: An example of success on the surgery clerkship <i>Dr Rebecca Williams-Karnesky, resident physician, University of New Mexico, USA</i>		721: Connecting Practice – Supporting medical student volunteers working in the NHS <i>Dr Siobhan Cooke, deputy head of student academic and pastoral support, Barts and The London, Queen Mary University of London and Dr Lucy Marks, independent clinical psychologist, UK</i>				

THURSDAY 29 APRIL 2021

14.30 – 15.00	Visit the poster and trade exhibitions					
15.00 – 16.00	Concurrent session 4					
	4A Oral presentations: Bullying and behaviour problems	4B Oral presentations: Performance data and review	4C Oral presentations: Mindfulness based interventions	4D Oral presentations	4E Workshop	4F Workshop
	353: Gender Differences in Experienced Bullying Among Internal Medicine Residents <i>Dr Manasa Ayyala, assistant professor of medicine, Rutgers New Jersey Medical School, USA</i>	568: Humanizing the Annual Physician Performance Review <i>Dr Lynne Fiscus, president, University of North Carolina Physicians Network, Chapel Hill, USA</i>	30: Physicians' Views on a Wellbeing Course Gifted to Them: A Qualitative Study <i>Dr Patricia Dobkin, associate professor, McGill Medical School, Canada</i>	273: Predictors of doctors' risk of medico-legal claims and complaints and implications for their health and wellbeing: analysis of the Medicine in Australia: Balancing Employment and Life (MABEL) survey of doctors <i>Dr Owen Bradfield, PhD student, University of Melbourne, Australia</i>	158: A public health model for analysing resident workplace stress and identifying improvement targets: six years of data and lessons learned <i>Dr Rosemary Quirk, programme director internal medicine and Dr Anne Becker, director of faculty development in medicine education, Hennepin Healthcare, Minneapolis, USA</i>	460: Caring for doctors, Caring for patients: How to transform healthcare environments to support the medical profession to care for patients <i>Ms Alexandra Blohm, head of Supporting a Profession Under Pressure programme, General Medical Council, UK</i>
	432: HOTSPOTS: the development, implementation and outcomes of an anti-bullying initiative in the Auckland Medical Programme <i>Dr Fiona Moir, pastoral care chair and wellbeing curriculum lead, University of Auckland, New Zealand</i>	577: Revitalizing the Annual Professional Review Discussion: Teaching Physician Leaders to Apply Coaching Skills <i>Dr Andrea Sikon, chair, internal medicine and geriatrics and associate professor of medicine, Cleveland Clinic Foundation, Lerner College of Medicine of CWRU and Dr Elaine Schulte, vice chair, academic affairs and faculty development and professor of pediatrics, Children's Hospital at Montefiore, Einstein College of Medicine, USA</i>	78: Presence, Resilience, and Compassion Training, in Clinical Education (PRACTICE): Evaluation of a Mindfulness Based Intervention for Residents <i>Dr Richard Szuster, assistant clinical professor, University of Hawaii at Manoa, USA</i>	327: Reinventing the After-Hours Call Experience for Physicians: Deployment of an Enterprise-Wide After-Hours Nurse Triage Call Center to Improve Patient and Provider Satisfaction and Well-being <i>Dr Nawal Johansen, medical director, Stanford University School of Medicine, USA</i>		
	211: 5 Best Practices for the Management of Physician Behavioral Problems: Creating a Culture of Civility and Wellness <i>Mrs Joyce Davidson, director of clinical services, Dr Sarah Early, executive director and Dr Elizabeth Brooks, principal researcher, Colorado Physician Health Program, USA</i>	169: Beware of Vanity Metrics: What Every Physician Should Know to Combat Dehumanizing Performance Data <i>Dr Jordan Chun, Washington Permanente Medical Group, Renton, Washington, USA</i>	256: A Longitudinal Integrative Resilience Curriculum for Medical Students: Humanity Begins Here <i>Dr Leslie Nickell, associate professor and Dr Andrea Levinson, psychiatrist in chief, University of Toronto, Canada</i>	197: Pharmacologic Sleep Aid Use among Physician Trainees <i>Dr Keisuke Nakagawa, postdoctoral fellow, University of California Davis Health, Sacramento USA</i>		
16.00 – 17.00	Keynote session 4: Suicide and the myth of Sisyphus Chair: Dr Clare Gerada, medical director, NHS Practitioner Health, UK The presenter will talk about suicide drawing on her experience of running a monthly support group for those bereaved following the death of a health professional through suicide. The session will include members from the group and together we will explore why those who outwardly 'had it all' chose death over life.					
17.00 – 17.30	Discussion groups					
17.30 – 18.30	Concurrent session 5					
	5A Oral presentations: Prevention of physician suicide	5B Oral presentations: Impact of leadership	5C Oral presentations: Interventions to manage trauma, stress and burnout	5D Oral presentations: Technology insights and solutions	5E Workshop	5F Workshop
	480: Do Burnout and Depression Increase Risk for Suicidal Ideation In Physicians? <i>Ms Nikitha Menon, social science research professional, Stanford Medicine, Palo Alto, USA</i>	397: Follow the leader: Association between leader effectiveness, leader rank and physician well-being <i>Dr Andrew Klein, University of Pittsburgh division of general internal medicine, USA</i>	16: PERFORM: Performance Enhancing Routines for Optimising Readiness using Metacognition For the Management of Acutely Unwell Patients <i>Dr Helen Church, University of Sheffield, UK</i>	572: A pilot study to measure physiological correlates of perceived stress and burnout among MedStar residents using wearable health tags <i>Dr Mihriye Mete, director of behavioral health research, MedStar Health Research Institute, USA</i>	626: Safe Passage: How Psychological Safety and Organizational Justice Advances Wellness and Performance in Medicine <i>Mr Ted Bober, director, clinical services and Dr Joy Albuquerque, medical director, physician health program, Ontario Medical Association, Canada</i>	379: The Power of Poetry as a Reflective Tool - a Practical Workshop on Improving Reflective Practice <i>Dr Michael Zervos, clinical teaching fellow, Torbay and South Devon NHS Foundation Trust and Dr Faye Gishen, consultant physician, University College London Medical School, UK</i>
	34: Toward Preventing Physician Suicide: The Humanity of Colleagues Upon Losing One of Their Own <i>Dr Michael Myers, professor of clinical psychiatry, SUNY Downstate Medical Center, Brooklyn, USA</i>	106: A Longitudinal Study Evaluating Associations Between Immediate Supervisors' Leadership Scores and Subsequent Changes in Professional Burnout and Satisfaction Among Physicians <i>Dr Liselotte Dyrbye and Professor Colin West, co-directors, Program on Physician Well-being, Mayo Clinic, Rochester, USA</i>	282: Holding the hearts of those who heal: utilising group supervision to combat vicarious trauma and burnout in a child protection unit <i>Dr Shankari Arunanth, paediatric fellow, Child Protection Unit, Sydney Children's Hospital, Australia</i>	224: The Impact of the EHR and Clerical Work on Burnout in a Large Academic Hospital System <i>Dr Lauren Peccoraro, associate dean for faculty well-being and resilience, Ms Carly Kaplan, research assistant, office of well-being and resilience, Dr Jonathan Ripp, senior associate dean for well-being and resilience, Icahn School of Medicine at Mount Sinai, USA</i>		
	424: Building a Registry for Physician Suicide Research and Prevention <i>Dr Tiffany Leung, assistant professor, Maastricht University, The Netherlands and Dr Sima S Pendharkar, assistant professor, The Brooklyn Hospital Centre, Icahn School of Medicine at Mount Sinai, New York, USA</i>			467: @PrimaryCareChat: An Easy and Effective Means of Reducing Professional Isolation <i>Dr Colleen Christmas, associate professor of medicine and director primary care leadership track, Johns Hopkins University School of Medicine, USA</i>		

FRIDAY 30 APRIL 2021

13.30 – 14.00	Visit the poster and trade exhibitions						
14.00 – 15.30	Concurrent session 6						
	6A Oral presentations: Burnout and preventative interventions	6B Oral presentations: Peer support and networks	6C Oral presentations: Building workforce capacity	6D Workshop	6E Workshop	6F Workshop	6G Workshop
	201: Burnout by physician race/ethnicity in the United States <i>Dr Magali Fassiotto, assistant dean for faculty development and diversity, Stanford Medicine, USA</i>	429: Is there an increasing range of needs among doctors seeking peer support? A qualitative interview study <i>Dr Ingrid Taxt Horne, PhD student, Research Institute Modum Bad, Vikersund, Norway</i>	566: Less than full-time postgraduate medical training in the UK: an examination of doctors' characteristics and performance <i>Dr Magdalen Baker, postgraduate research student, University College London</i>	422: The regulator, the therapist and the physician-as-patient: the Barcelona Collaborative Paradigm <i>Dr Gustavo Tolchinsky, Secretary to the Board, Barcelona Medical Council and Dr Maria Dolores Braquehais, integral care programme for sick physicians, Galatea Foundation, Barcelona, Spain</i>	543: The Creation of Wellness Champion Programs: From the Burning Platform to a Sustainable Impactful Structure <i>Dr Lauren Peccorolo, physician, Icahn School of Medicine at Mount Sinai, Dr Heather Farley, physician, Christianacare, Dr Daniel Marchalik, physician, MedStar Health, USA</i>	330: The Art of Sitting: Using the artist-sitter relationship to better understand the doctor-patient relationship <i>Dr Elizabeth Jones, foundation doctor, University Hospital North Midlands, UK</i>	407: Simulated Training for Resilience in Various Environments (STRIVE) Course to develop confidence for stressful clinical events based on mindfulness skills <i>Dr Stephanie Smith, resident, University of Calgary and captain, Canadian Armed Forces and Dr Lauren Griggs, resident, University of Calgary, Canada</i>
	186: What Does it Take to Move the Dial on Physician Professional Fulfillment and Burnout at an Academic Medical Center? <i>Dr Eva Weinlander, clinical professor of medicine, director of faculty wellness, Stanford University School of Medicine, USA</i>	581: Buddy Up! <i>Dr Lailah Peel, clinical teaching fellow in emergency medicine, NHS Greater Glasow and Clyde, Dr Rosanna Bevan, CT2 in psychiatry, East London Foundation Trust and Dr Natalia Pawlowska, ST4 in histopathology, University Hospitals Leicester, UK</i>	293: The rising tide: building organisational capacity by supporting disabled doctors in the workplace <i>Ms Lucy Brant, senior policy advisor and Dr Hannah Barham-Brown, council member, British Medical Association, UK</i>				
	575: Organizational and individual drivers of vitality in family medicine physicians <i>Dr Bengt Arnetz, professor and chair, Department of Family Medicine, College of Human Medicine, Michigan State University, USA</i>	194: Implementing a Peer Support Program to Prevent Burnout in High-Risk Physicians <i>Dr Jin Chang, pediatric urgent care, Palo Alto Medical Foundation, USA</i>	611: Healthy Enough to Work? Private disability insurance and physicians with mental health disabilities <i>Dr Joy Albuquerque, medical director, physician health program, Ontario Medical Association, Canada</i>				
	280: The Better Working Lives Group – a method to prevent and treat burnout <i>Dr Lyndsey Cubitt, trust grade doctor in anaesthetics and Dr Paul Molyneux, deputy medical director and chair of Better Working Lives group, West Suffolk NHS Foundation Trust, UK</i>	369: The WARD Network: A Humanity Service for Doctors in the South West of England <i>Dr Edward Miles, ST6 in anaesthetics, Dr Layth Tameem, ST6 in anaesthetics and Dr Mark Eveleigh, ST6 in anaesthesia, Health Education England South West, UK</i>	444: Supporting the return to clinical practice: developing a local return to work event <i>Dr Clare Currie, ST7 in anaesthetics, Queen Elizabeth University Hospital, Glasgow, UK</i>				
	708: Identifying factors contributing to Primary Care Practitioners' (PCPs) burnout and prioritizing improvement efforts to mitigate PCPs' burnout during COVID-19 <i>Dr Karthik Adapa, research specialist and manager, Human Factors Laboratory, University of North Carolina School of Medicine, USA</i>						
15.30 – 16.30	Keynote session 5: Adam Kay Adam Kay is a former doctor and now a multi-award-winning writer and comedian. His books include <i>This is Going to Hurt</i> and <i>Twas the Nightshift Before Christmas</i> , and he is the editor of <i>Dear NHS: 100 Stories to Say Thank You</i> , published in July 2020, which has raised over £250,000 for charity. He is also the author of new kids' book <i>Kay's Anatomy</i> .						
16.30 – 16.45	Closing remarks and look ahead to 2022						