



# ICPH 2022

International Conference  
on Physician Health™

**Program book**



Engaging organizations  
to achieve cultural change





Dear Colleagues:

On behalf of the American Medical Association, the Canadian Medical Association and the British Medical Association, welcome to the 2022 International Conference on Physician Health™ (ICPH). For the first time, we are using a hybrid format that features both in-person and virtual attendance. We're confident you'll find that this format and our three-day lineup of keynote speakers, panel discussions, presentations and research will meet the standards of excellence established by previous ICPH sessions.

Our theme this year, "Engaging organizations to achieve cultural change," will explore system-level initiatives and resources that reduce burnout and improve professional satisfaction. The need to do so has never been greater. The systemic challenges in health care that have long driven physician burnout were magnified by the COVID-19 pandemic. In response, our conference will offer a wealth of evidence-based solutions for physicians, as well as other health care workers and organizations, backed by the latest studies on physician health and well-being.

Our speakers and panelists will outline concrete strategies to prioritize well-being at the organizational level, examine methods to restore joy and meaning to your work, demonstrate practical steps to improve teamwork and reduce workload intensity, and explain how physicians and administrators can build better relationships with each other rooted in transparency, trust, and shared goals of removing organizational and system-wide drivers of burnout.

These are just a few of the issues we will highlight among the many innovative ideas and resources planned at ICPH this year. And of course, we invite attendees to take advantage of our networking reception, health and wellness activities, and all the other opportunities our conference offers to connect with your colleagues.

We are delighted you are joining us for ICPH 2022, and we are eager to share a collaborative learning experience that will benefit you, your patients, your colleagues and our profession. Let's get started!

Yours in wellness,

**Jack Resneck Jr., MD**  
President  
American Medical Association

**Alika Lafontaine, MD**  
President  
Canadian Medical Association

**Martin McKee, CBE, MD**  
President  
British Medical Association



## The International Conference on Physician Health is sponsored jointly by the American Medical Association, the Canadian Medical Association and the British Medical Association.

### American Medical Association

The American Medical Association (AMA) is the physicians' powerful ally in patient care. As the only medical association that convenes 190+ state and specialty medical societies and other critical stakeholders, the AMA represents physicians with a unified voice to all key players in health care.

The AMA leverages its strength by removing obstacles that interfere with patient care, by leading the charge to confront public health crises and prevent chronic disease, and by driving the future of medicine to tackle the biggest challenges in health care. Helping health systems and clinical practices succeed in their transformation journey is critical to the AMA. That is what drives its development of evidence-based, field-tested solutions to guide physicians and care teams each step of the way. Increasing efficiencies, improving patient care and enhancing professional satisfaction—these are what increase Joy in Medicine™ and make the journey worthwhile. Learn more at [ama-assn.org](http://ama-assn.org).

### Canadian Medical Association

The Canadian Medical Association (CMA) is the national voice of the medical profession. Our focus is on creating strong and accessible health systems, fostering well-being, equity and diversity in medical culture, and ensuring every person in Canada has equal opportunity to be healthy. In partnership with physicians, medical learners, patients, and others, we advance these goals through advocacy, knowledge sharing and granting. Now more than ever, physician wellness is a priority. The CMA aims to drive change in the culture of medicine and promote health and wellness in the medical profession for the benefit of practitioners, the health system and all Canadians. Some of the core initiatives we have undertaken to understand and better support the wellness of physicians across the career life cycle includes CMA National Physician Health Survey, CMA Physician Wellness Hub, CMA Wellness Connection, Wellness Support Line, and Sound Mind. Learn more at [cma.ca](http://cma.ca).

### British Medical Association

The British Medical Association (BMA) represents, supports and negotiates on behalf of all UK doctors and medical students. They are member-run and led, fighting for the best terms and conditions as well as lobbying and campaigning on the issues impacting the medical profession. In response to the pandemic, the BMA launched a 24/7 emergency COVID advice line, and represented doctors' concerns throughout the crisis with everything from PPE to the disproportionate impact of COVID-19 on BAME health care workers to deaths in service. The BMA continues to provide Counselling and Peer support services to all UK doctors and medical students, as well as the Doctor support service for doctors facing General Medical Council (UK regulator) fitness to practice investigations or license withdrawal. DocHealth, the BMA's confidential psychotherapy service for doctors that is run in partnership with the Royal Medical Benevolent Fund, continues to go from strength to strength. The BMA also delivers a number of talks on doctors' well-being and hosts a well-being support stakeholder group. This group brings together UK organizations providing well-being support services for doctors and medical students, to learn from each other and identify potential areas for collaboration. One important piece of work to have come out of this group is a well-being support services directory, which maps out all the well-being support services in the UK that are specifically for doctors and medical students. Learn more at [bma.org](http://bma.org).



# General information

## CME

The Accreditation Council for Continuing Medical Education requires that CME providers have a mechanism in place to verify physician participation in CME activities. For this conference, please be sure to pick up the CME handout at the registration desk for instructions on how to claim your credit.

## Wireless internet

Wireless internet access will be available in conference areas at the Hyatt Regency Orlando.

**Network:** ICPH2022

**Password:** 2022icph

## Networking

Take advantage of multiple networking opportunities to meet or catch up with your peers, expand your network of contacts, and have a lively exchange of views, experience, knowledge and ideas. Plan to attend the **networking reception Thursday, October 13**, 6:30–7:30 p.m. Eastern time, sponsored by The Physicians Foundation.

## Social media

Follow the hashtag **#ICPH22** to join the conference conversation and get highlights about sessions, speakers and other conference happenings.

## Install the app

**1**

Search for “Cvent Events” in the App Store or Google Play and tap either download or install.

**2**

Find your event.  
Enter “International Conference on Physician Health 2022” in the search bar.

**3**

Click **download** and create a profile.

## Things to do in Orlando

Discover many fun adventures during your getaway at the Hyatt Regency Orlando. Located centrally on the International Drive corridor, the luxury Orlando resort gives you easy access to all of the city’s best attractions. Spend the day exploring world-famous theme parks, discovering downtown Orlando or enjoying first-class shopping. At the Hyatt Regency Orlando, enjoy swimming, a variety of pool deck activities and private cabana rentals.



# COLLABORATION



**“Engaging organizations to achieve cultural change”** is this year’s conference theme. The subtheme, “Building a united front for cultural change while activating systems to improve physician well-being,” tightens the conference’s focus on research and system-level initiatives designed to mitigate burnout and promote professional well-being. The conference will showcase abstracts and presentations focused on the power of relationships and collaborations—and on activating systems and activations within them. The conference will also provide a lively forum for clinicians and researchers to present recent research findings, innovative methods and educational programs in the area of physicians’ professional well-being. The friendly and informal conference environment promotes networking, exchange of experience and information, and leisure activity focused on staying healthy.

Presentations will lay out research findings that identify solutions organizations can implement and/or best practices that can be employed to achieve joy in medicine, which we define as a fundamental redesign of medical practice to restore the healing relationships among patients, physicians and health care systems. Joy in medicine is also distinguished by a high level of physician work-life balance, a low level of burnout and a feeling that medical practice is fulfilling.

The 2022 conference will provide a forum for clinicians and researchers to present recent research findings, innovative methods and educational programs around physicians’ professional well-being, as well as educational programs in the following areas of physician health:

**Impact of well-being**

**Contributors of well-being**

**Interventions for well-being**

**Measurements of well-being**



## This year's speakers



**Beth Cabrera, PhD**

Author | Researcher | Speaker  
*Plenary speaker*

Dr. Cabrera is the author of *Beyond Happy: Women, Work, and Well-Being*. A writer, researcher and speaker, she helps individuals achieve greater success and well-being. After earning her PhD in industrial/organizational psychology from the Georgia Institute of Technology, Dr. Cabrera joined the faculty of Universidad Carlos III de Madrid. She continued her academic career as a professor of management at Arizona State University and then as a senior research fellow at Thunderbird School of Global Management. Since 2013, Dr. Cabrera has been a senior scholar at George Mason University's Center for the Advancement of Well-Being.

To help individuals and leaders apply positive psychology for enhanced engagement and performance, Dr. Cabrera founded Cabrera Insights, a leadership development company, in 2009. Her research, published in top academic and professional journals, has received thousands of citations.

Dr. Cabrera has served on numerous editorial boards and was the editor of *Management Research*. You can find her course "How to Build a Thriving Workplace: A Leader's Guide" at [thegreatcourses.com](http://thegreatcourses.com) and [audible.com](http://audible.com). You can view her TEDx talk and read her blog at [cabrerainsights.com](http://cabrerainsights.com).



**Paul DeChant, MD, MBA**

CEO/principal | Paul DeChant, MD, MBA, LLC  
*Keynote speaker*

Dr. DeChant is a thought leader to C-level executives pursuing organizational well-being. He co-authored the book *Preventing Physician Burnout: Curing the Chaos and Returning Joy to the Practice of Medicine*.

An experienced physician executive, Dr. DeChant has over 25 years of clinical and management experience in all aspects of medical group leadership. From 2009 to 2014 he served as CEO of Sutter Gould Medical Foundation, where he led a management system and culture transformation based on the theme of "Returning Joy to Patient Care," which:

- Achieved the highest levels of provider and patient satisfaction in Sutter Health

- Improved physician satisfaction from the 45th to 87th percentile
- Increased profitability while reducing costs
- Was recognized as the highest rated in overall care among 170 California medical groups two years in a row

Dr. DeChant received his medical degree from the Oregon Health and Science University School of Medicine and earned his MBA from the University of Colorado-Denver.



**Heather Farley, MD, MHCDS**

Chief wellness officer | ChristianaCare™  
*Keynote speaker/panelist*

As the first chief wellness officer for ChristianaCare in Newark, Delaware, Dr. Farley's focus is on advancing the professional fulfillment and well-being of health care workers. She leads advocacy programs and initiatives aimed at optimizing the caregiver experience and fostering work-life meaning, connection and joy.

Dr. Farley completed residency training in emergency medicine and earned her master's in health care delivery science from Dartmouth College. She previously served as the assistant chair of the department of emergency medicine at ChristianaCare and was instrumental in establishing the institution's first freestanding emergency department. In 2014, she developed "Care for the Caregiver," one of the nation's earliest and largest peer support programs for health care providers.

Dr. Farley is currently a professor of emergency medicine at Sidney Kimmel Medical College at Thomas Jefferson University. A frequent speaker at local, national and international venues on the topic of clinician well-being, she continues to oversee the transformational work of ChristianaCare's Center for WorkLife Wellbeing.



**Neil Greenberg, MD**

Professor | Defense Mental Health  
*Plenary speaker*

Prof. Greenberg is an occupational and forensic psychiatrist and academic consultant based at King's College London. He served in the United Kingdom Armed Forces for over 23 years and deployed, as a psychiatrist and researcher, to hostile environments including Afghanistan and Iraq. At King's, Prof. Greenberg leads on military mental health projects and is a principal investigator within a

nationally funded Health Protection Research unit. He chairs the Royal College of Psychiatrists Special Interest Group in Occupational Psychiatry and is leading the World Psychiatric Association position statement on mental health in the workplace. Prof. Greenberg has published more than 300 scientific papers and book chapters and acted as the secretary of the European Society for Traumatic Stress Studies, the president of the UK Psychological Trauma Society and as Specialist Advisor to the House of Commons Defense Select Committee. During the COVID-19 pandemic, he has worked closely with government organizations and published widely on psychological support for health care and other key workers.



**Kwadwo Kyeremanteng, MD, MHA**

Assistant professor | University of Ottawa  
Physician | The Ottawa Hospital  
*Plenary speaker*

Dr. Kyeremanteng is a critical care and palliative care physician at The Ottawa Hospital, where he cares for the sickest of the sick in the ICU. He is also an assistant professor at the University of Ottawa. His research focuses on making the ICU more efficient and improving access to palliative care services. To achieve this, Dr. Kyeremanteng founded the Resource Optimization Network (RON), a multidisciplinary research group working to reduce health spending in this area without compromising care. Dr. Kyeremanteng is a leading contributor helping the department to achieve its vision of shaping the future of medicine.

As the voice of the “Solving Health Care with Dr. Kwadwo Kyeremanteng” podcast produced in association with the RON, he leads interviews and discussions on the topic of improving health care delivery in Canada. Underpinned by the values of cost-effectiveness, dignity and justice, the podcast challenges the status quo while exploring gaps, assumptions and different perspectives in the pursuit of finding solutions to problems in health care systems.



**Alike Lafontaine, MD**

President | Canadian Medical Association  
*Plenary speaker/panelist*

Dr. Lafontaine is an award-winning physician, social innovator and the first Indigenous doctor listed in Medical Post’s “50 Most Powerful Doctors.” He was born and raised in

Southern Saskatchewan with a mixed Indigenous ancestry of Metis, Anishinaabe, Cree and Pacific Islander.

Dr. Lafontaine has served in provincial and national medical leadership positions for almost two decades. In August 2022, he became the first Indigenous physician to serve as president of the Canadian Medical Association.

A respected authority on health systems, change management, social innovation, anti-racism and reflective practice, Dr. Lafontaine co-led from 2013 to 2017 the Indigenous Health Alliance project, one of the most ambitious health transformation initiatives in Canadian history. Led politically by Indigenous leadership representing more than 150 First Nations across three provinces, the alliance successfully advocated for \$68 million of federal funding for Indigenous health transformation in Saskatchewan, Manitoba and Ontario.

In 2020, Dr. Lafontaine co-founded Safespace Networks, a web 3.0 learning platform for safe and anonymous reporting of health care harm and waste, with his brother Kamea, an Indigenous dentist and software developer. Safespace Networks provides insights that patients can use to better navigate health systems and decision-makers, advocates and funders can use to make better informed decisions.



**Susannah G. Rowe, MD, MPH**

Assistant professor | Boston University  
School of Medicine  
*Panelist*

Dr. Rowe is an assistant professor of ophthalmology at the Boston University School of Medicine, specializing in surgical, laser and medical treatment of eye disease. After completing her residency at the Massachusetts Eye and Ear Infirmary and participating in the Robert Wood Johnson Clinical Scholars Program, she was appointed to her position at Boston University where she has won the Outstanding Surgical Instructor Teaching Award three times. In addition to Dr. Rowe’s clinical teaching, she works as an attending physician at Best Hospital.

# Conference schedule



Note: Early registration/health and safety check-in, Wednesday, October 12, 5–6:30 p.m., Plaza Foyer

## Thursday, October 13

6–6:45 a.m.	<b>Health and wellness activities</b>   Fun run; yoga (Garden Terrace) and bootcamp class (Orlando L)		
7–8:15 a.m.	<b>Registration/health and safety check-in</b>   Plaza Foyer   <b>Continental breakfast</b>   Upper Pool Deck		
8:30–8:45 a.m.	<b>Welcome and introduction</b>   Martin McKee, MD, Alika Lafontaine, MD, and Jack Resneck Jr., MD   Plaza Ballroom G/H		
9–10 a.m.	<b>Opening keynote</b>   Leading change: Our opportunity to heal the clinical workplace   Paul DeChant, MD, MBA Plaza Ballroom G/H		
10–10:15 a.m.	<b>Refreshments and exhibitor visits</b>   Plaza Foyer		
10:30–11:30 a.m.	<b>Impacts of well-being</b> Plaza G/H Predicting physician departure with machine learning based on EHR use patterns (E. Melnick)	<b>Contributors of well-being</b> Plaza I • Competing pressures of the academic physician and relationship to burnout (J. Dewey) • Physician well-being: Perceived gratitude and interdisciplinary teamwork (K. Olson)	<b>Interventions for well-being</b> Plaza J • Professional coaching and surgeon well-being: A randomized controlled trial (L. Dyrbye) • Develop an impactful, longitudinal structure to address wellness for a hospitalist group (T. James)
	<b>Measurements of well-being</b>   Plaza K • Measuring well-being: A scoping review of metrics and studies measuring medical student well-being longitudinally (H. Li) • Tracking physician wellness indicators in Canada: Comparing data from the 2017 and 2021 CMA National Physician Health Surveys (T. McFadden)		<b>Workshop</b>   Orlando M/N How to help physicians get mental health care: Change the system (C. Feist)
11:45 a.m.–12:45 p.m.	<b>Lunch</b>   Upper Pool Deck		
1–2 p.m.	<b>Plenary session</b>   How to build your well-being to thrive   Beth Cabrera, PhD   Plaza Ballroom G/H		
2:15–3:15 p.m.	<b>Contributors of well-being</b> Plaza G/H Exploration of well-being in Australian general practitioners through a positive psychology lens: Highlighting and disentangling the issues (D. Naehrig)	<b>Impact of well-being</b>   Plaza I • Trends in physician health care visits for mental health and substance use during the COVID-19 pandemic in Ontario, Canada (R. Roberts) • Physician wellness: A missing indicator in HHR planning? (T. McFadden)	<b>Interventions for well-being</b>   Plaza J • Utilizing a “Community of Practice” model to drive system change in physician health and wellness (Manitoba, Canada) (T. Larsen) • Creating a kind, compassionate and respectful culture in academic medicine in Canada (G. Moineau)
	<b>Measurements of well-being</b>   Plaza K • Lifestyle medicine-based virtual program for residents and medical students: PAVING the Path to Wellness feasibility and acceptability study (A. Smith) • A 12-week medical staff coaching initiative as an effective, immediate, well-being intervention in the absence of existing well-being infrastructure (T. James)		<b>Workshop</b>   Orlando M/N First steps in transforming culture in well-being: Selecting evidence-based interventions to promote an environment of well-being (R. Margolis)
3:30–4:30 p.m.	<b>Poster session/viewing</b> (Group A)   Plaza Ballroom E/F		



## Thursday, October 13 (Continued)

4:30–5:30 p.m. **Plenary session** | How we address racism in health care | Kwadwo Kyeremanteng, MD | [Plaza Ballroom G/H](#)

<b>5:30–6:30 p.m. Interventions for well-being</b> <a href="#">Plaza G/H</a> A randomized trial to investigate the impact of professional development coaching for physicians (S. Kiser)	<b>Measurements of well-being</b> <a href="#">Plaza I</a> <ul style="list-style-type: none"><li>• A scoping review of terms and measures used to investigate the physician work-life interface (S. Webber)</li><li>• Assessing burnout and professional fulfillment in a regional community hospital (R. Gupta)</li></ul>	<b>Contributors of well-being</b> <a href="#">Plaza J</a> <ul style="list-style-type: none"><li>• Give clinicians a voice: What the COVID-19 pandemic taught organizations about keeping clinicians engaged and resilient (J. Dudley)</li><li>• Burnout among health care workers facing COVID-19 pandemic: Opportunity to study the relative importance of individual, occupational, social and organizational factors over time (J. Brouillette)</li></ul>
--	--	---

**Contributors of well-being**  
[Plaza K](#)

- Physician well-being: Efficient workflow and interdisciplinary teamwork (K. Olson)
- Beyond surviving: How organizations are supporting women physicians to thrive and rise (J. Dudley)

**Workshop** | [Orlando M/N](#)  
A playbook for saving hours each day (M. Brown)

**Workshop** | [Blue Spring](#)  
Creating a SAFER workplace culture through trauma-informed leadership (J. Williams)

6:30–7:30 p.m. **Networking reception** (cocktails and light hors d'oeuvres) *Sponsored by The Physicians Foundation* | [Upper Pool Deck](#)

## Friday, October 14

6–6:45 a.m. **Health and wellness activities** | Fun run; yoga (Garden Terrace) or spin class (Gym Studio)

7–8:15 a.m. **Registration/health and safety check-in** | [Plaza Foyer](#) | **Continental breakfast** | [Upper Pool Deck](#)

8:15–8:30 a.m. **Welcome and wellness** | [Plaza Ballroom G/H](#)

<b>8:30–9:30 a.m. Interventions for well-being</b> <a href="#">Orlando L</a> <ul style="list-style-type: none"><li>• Randomized trial to improve well-being through gratitude at the departmental level (M. Dobson)</li></ul>	<b>Measurements of well-being</b> <a href="#">Plaza I</a> <ul style="list-style-type: none"><li>• Recognizing when we are not OK: The stress continuum as a well-being assessment tool for physicians (H. Hartman-Hall)</li><li>• The COVID-19 pandemic's impact on career plans of family physicians: A call for action to support the well-being of our primary care physicians (C. Brazeau)</li></ul>	<b>Contributors of well-being</b> <a href="#">Plaza J</a> <ul style="list-style-type: none"><li>• The sustained impact of the COVID-19 pandemic on hospital clinicians: More burnout, stress and greater need for mental health support (L. Gregg)</li><li>• Prevalence and psychological burden of racism-related distress in New York City health care workers during the COVID-19 pandemic (M. Tong)</li></ul>
--	---	--

**Interventions of well-being** | [Plaza K](#)

- When awareness leads to action: Skills that prepare medical student response to mistreatment by patients (E. Waineo)

**Workshop** | [Orlando M/N](#)  
Helping leaders address well-being through people-focused strategies (A. Locke)

---

9:30–10 a.m. Refreshments and exhibitor visits | Plaza Foyer

---

10:15–  
11:15 a.m.

**Interventions of well-being**  
Orlando L

- Promoting a culture of physician well-being through healthy sleep: Effect of a structured heartfulness meditation program (J. Thimmapuram)

**Contributors of well-being**  
Plaza I

- Measuring associations between electronic health record use metrics and inpatient pediatric provider electronic health record experience and burnout (A. Sinha)
- Understanding drivers of physician Work-Outside-Work (WOW) through EHR usage (K. Massoudian)

**Impact of well-being**  
Plaza J

- Suicide and self-harm among physicians in Ontario, Canada (P. Tanuseputro)
- Pediatric faculty engagement and areas of Worklife after the COVID-19 pandemic (A. Uong)

---

**Interventions for well-being** | Plaza K

- Physician well-being: Participatory leadership effect on interdisciplinary teamwork (K. Olson)
- Physician wellness support lines: A comparison of six international models (K. Smith)

**Workshop** | Orlando M/N

A “how-to” workshop for creating peer connections: Cultivating an organizational structure to build peer discussion groups (C. Brazeau)

11:30 a.m.–  
12:30 p.m.

**Workshop**  
Orlando L

Staying empowered while advancing an organizational culture of well-being (C. Brazeau)

**Interventions for well-being**  
Plaza I

- Practical well-being in hospitals: The #theatretoastie project (A. Rajan)
- Empowering physician leaders to make organizational change: Qualitative evaluation results from the leading physician well-being program (K. Istas)

**Interventions of well-being**  
Plaza J

- Honoring lives lost and processing grief through COVID-19: Remembrance events and gratitude (D. Clark)

---

**Contributors of well-being** | Plaza K

- Clinician practice ownership predicts ability of primary care practices to improve quality without increasing burnout (L. Rotenstein)
- Organizational predictors of work-related stress in Norwegian physicians: A review of prospective studies 2007–2019 (R. Tyssen)

**Workshop** | Orlando M/N

Am I flourishing? Fortifying the domains for clinician well-being (U. Oddiri)

---

12:30–1:15 p.m. Lunch | Upper Pool Deck

---

1:30–2:30 p.m.

**Contributors of well-being**  
Orlando L

- Why leadership communication matters most in retaining health care professionals and staff during the COVID-19 crisis (A. Young)
- The role of positive workplace culture in mitigating burnout and turnover: An empirical investigation (A. Young)

**Contributors of well-being**  
Plaza I

- Development of a prediction model of primary care physician burnout (D. Tawfik)
- Peers for peers physician well-being support program (L. Foxcroft)

**Interventions of well-being**  
Plaza J

- Unlocking the potential within: How peer coaching programs foster engagement and retention for physicians (A. Sikon)
- How a peer mentoring program using a “coach approach” can enhance physician engagement ... and more (E. Schulte)

---

1:30–2:30 p.m. continued on next page ...

1:30–2:30 p.m. **Interventions of well-being** | Plaza K

- OUR KP Physician Wellness Academy, a Kaiser Permanente program to help improve physician self-care and well-being (N. Haripotepornkul)
- Grieving patients' death in a pediatric intensive care unit (J. Van Epps)

**Workshop** | Orlando M/N

Reparative crisis support: An evidence informed model providing practical tools towards a culture of psychological safety and well-being for patients, health care professionals, their families and organizations (F. Bááthe)

2:45–3:45 p.m. **Poster session/viewing** (Group B) | Plaza Ballroom E/F

4–4:15 p.m. **Refreshments and exhibitor visits** | Plaza Foyer

4:30–5:30 p.m. **Plenary session** | Bullying in medicine | Panel: Heather Farley, MD, MHCDS; Alike Lafontaine, MD; Susanna Rowe, MD, MPH | Plaza Ballroom G/H

## Saturday, October 15

8–8:45 a.m. **Continental breakfast** | Upper Pool Deck

9–9:15 a.m. **Welcome and wellness** | Plaza Ballroom G/H

9:15–10:15 a.m. **Closing keynote** | Embracing disruption: restoring humanity to health care | Heather Farley, MD, MHCDS  
Plaza Ballroom G/H

10:30–11 a.m. **Refreshments and exhibitor visits** | Plaza Foyer

11:15 a.m.–  
12:15 p.m. **Workshop** | Orlando L  
Empowering health care professionals to be local change agents: Implementing a well-being champion program (M. Stewart)

**Workshop** | Plaza I  
One hundred six years of physician health research—our key lessons and some next steps forward together (E. Frank)

**Workshop** | Plaza J  
Go to Rome – a journey of physician wellbeing. A practical toolkit to recognize burnout and enable physicians to not just survive but thrive (H. Garr)

**Workshop** | Plaza K  
Harnessing artificial intelligence to assess the climate of institutional wellness (S. Matulevicius)

**Workshop** | Orlando M/N  
A strategic approach for GME Programs to identify, implement and assess system-based interventions to improve physician well-being (M. Leffler)

12:30–12:45 p.m. **Closing remarks** | Plaza Ballroom G/H

### Conference adjourns

## Poster presentations

### **Physician well-being support program A departmental approach to improve well-being in a large health system**

*M. Jerome, S. Goel, K. Brower*

### **A holistic framework for medical learner well-being: A catalyst for cultural change**

*A. Kassam, R. Schindler, S. Moss, B. Antepim, G. Greer, B. Adams*

### **A longitudinal study of burnout in health care workers in New York City during the COVID-19 pandemic: The impact of work stressors, perceived support, and optimism**

*L. Peccoraro, R. Pietrzak, M. Tong, S. Kaplan, J. Feingold, J. Ripp*

### **A three-year initiative to improve wellness in a large, multidisciplinary behavioral health department across health care practice settings**

*M. Xanthopoulos, P. Soi, T. Benton, M. Stewart*

### **Addressing systems and cultural drivers of well-being through a multi-residency elective**

*A. Ritchie, J. Sinsky, L. Thomas*

### **An internal centralized medical disability review team to address administrative overload and physician burnout at one of the nation's largest not-for-profit health plans**

*C. Davino, K. Ramaya, J. Yruegas, M. Thorp, K. Iverson*

### **Assessment of leadership strategies, barriers and opportunities among frontline physician leaders in a Federally Qualified Health Center network**

*J. Wallace, T. Staff, R. Allyn*

### **Assessment of single sign-on technology usability and clinician workplace satisfaction**

*C. West, B. Dougan, L. Dyrbye*

### **Association of organizational leadership to attending, APP's and trainee burnout: A mixed-methods study**

*L. Daugherty Biddison, E. Boorman, C. Fowler, C. Herzke, H. Sateia, M. Eakin*

### **Between white coats and someone else's shoes: A fresh look at secondary traumatic stress, compassion fatigue and burnout in physicians**

*F. Ahmed*

### **Caring for the caregiver: Supporting working faculty parents**

*S. Matulevicius, J. Longoria, J. Harry*

### **Changes in ambulatory physician workload, work-pattern and electronic health record burden during the COVID-19 pandemic**

*A. Sinha, S. Shah, H. Wang, C. Brown-Johnson, T. Shanafelt, C. Sharp*

### **Changing medical culture in Canada: Creating a single source of physician wellness tools and resources**

*Z. Saab, T. McFadden, K. Zintel, K. Brown*

### **COVID debrief sessions: Allowing intentional time to process**

*J. Pfeifer*

### **Creating and reclaiming connection in a large medical group during the COVID-19 pandemic**

*Y. Ghamarian, M. Zmuda, O. Pettis*

### **Creating a culture of well-being through incremental change, innovation and collaboration**

*A. Denner*

### **Designing, implementing and evaluating an organizational change initiative: A case study in applying positive organizational scholarship to health care**

*J. Christensen, A. Young, K. Garver*

### **Developing a culture of well-being in a family medicine residency**

*R. Bishop, S. Robinson*

### **Directors of well-being for graduate medical education: What is their role?**

*J. Duncan, J. Ripp, L. Thomas*

### **Does providing healthy snacks to hospital-based health care providers improve wellness?**

*A. Amin*

### **Driving culture change in a multispecialty physician group by a focus on corporate board support and process improvement to prevent provider burnout**

*H. Cushing, C. Abruzzese, M. Cheney, C. Couto, E. Meserve, L. Ouellette*

### **Effects of shared narratives on health care professionals**

*A. Stringer, L. Liu, J. Marino, M. Vitez, A. Mupparapu, A. Fergus*

**Empowering leadership to talk openly about mental health during the Covid-19 pandemic and beyond**

*D. Clark, A. Zucker, D. Borrowman*

**Engaging residency and fellowship programs in culture change: Where are we now?**

*H. Hartman-Hall, D. Marchalik*

**Engaging the assistance of professional health monitoring programs to support recovery among health care professionals referred for unprofessional sexual behavior**

*L. Merlo, A. Polles, R. Hemphill, V. Mitchell*

**Evaluating the leading physician well-being program: Triangulating pre-/post-test results to identify training needs**

*K. Istas, E. Callan, T. Clay, H. Woods, N. Mabachi, K. Kovach*

**Experiences with discrimination described by northeastern American practicing surgeons**

*L. Ruangvoravat, K. Olson, A. Larkin, W. Longo*

**Exploring associations between stressors and burnout in trainee physicians during the COVID-19 pandemic in the United Kingdom**

*A. Zhou, M. Hann, M. Panagioti, M. Patel, R. Agius, P. Bower*

**Exploring self-esteem and empathy during clerkship in medical students**

*S. Yang, K. Bracken, T. Alexander*

**Factors associated with burnout among minimally invasive gynecologic surgery fellows**

*K. McEntee, H. Koenig, R. Harriangadi, M. Loring, A. Brockmeyer, M. Dahlman*

**Factors contributing to burnout among acute and trauma care clinicians: Survey results from a systems-analysis approach**

*E. Kwong, K. Adapa, N. Charguia, L. Mazur, V. Goodacre*

**Fostering a culture of health and wellness through professional development meetings**

*D. Keyser, K. Ouchi, L. Grieco*

**Fostering connection through tailored communication during the COVID-19 pandemic**

*D. Keyser, K. Ouchi, L. Grieco*

**Fostering professional fulfillment among pediatric hospitalist physicians in an academic setting**

*M. Stewart, L. El-Hage, M. Patel, T. Kaur, M. Galligan, K. Conaway*

**Gender difference in burnout and fulfillment: Can leadership close the gap?**

*R. Hannum, A. Klein, J. Liebschutz, J. Berliner, S. Rothenberger, R. Feldman*

**Graphic medicine: A vehicle to explore humanism and reflection during medical training**

*Z. Alqatan, M. Chammaa, D. Stroman, E. Moore, E. Waineo, D. Levine*

**Health care expenditures attributable to primary care physicians overall and burnout-related turnover: A cross-sectional analysis**

*L. Carlasare, C. Sinsky, T. Shanafelt, C. West, L. Dyrbye, A. Sabety*

**Hot-spotting: A methodological approach to identifying and mitigating drivers of burnout**

*A. Rinvelt, K. Jacob*

**How psychologists contribute to organizational culture change in health care systems: Emerging themes within a burgeoning field**

*M. Call, M. Leffler*

**How rest is defined and fostered among health care providers: A qualitative study of pediatric integrative medicine physicians' perspectives**

*S. Sijut, L. Huffman, A. Yeh*

**How to build momentum in creating a well-being program: A case study**

*R. Salter*

**Identifying and prioritizing workplace stressors in plastic and reconstructive surgery division of a large academic medical hospital**

*K. Adapa, E. Wong, V. Goodacre, N. Charguia, L. Mazur*

**Implementation of organizational system assessments to promote physician workforce equity**

*D. Clark, A. Martos, S. Chevez, R. Snipes*

**Implementation of outpatient Schwartz Rounds in pediatric primary care**

*S. Walker, J. Cioffi, R. Meyer*

**Implementing suicide-risk screening to support physicians engaged in physician health program monitoring**

*L. Merlo, A. Polles, T. Conwell, K. Simon*

**Introduction of a universal well-being check-in program for clinical faculty in the department of medicine: A pilot project**

*J. Mangel, L. Foxcroft, K. Bosma, C. Watling, D. Richardson, A. Lum*

**Investing in physician leadership development to foster a culture of wellness**

*A. Sethi, A. Osterholm, R. Oser, E. Farahabadi*

**Is there a home-field advantage in sports medicine clinic? Comparing well-being outcomes of two staffing models**

*H. Antal, A. Atanda, M. Leffler*

**Licensure policy for physicians with medical conditions: A critical analysis of Canadian policy**

*E. Stergiopoulos, J. Zaheer, T. Martimianakis*

**Lifestyle medicine providers report positive effects on burnout and professional satisfaction from lifestyle medicine practice**

*K. Pollard, J. Gittelsohn, P. Patel, L. Lianov, K. Freeman, K. Livingston Staffier, K. Pauly, M. Karlsen*

**Mental health of medical trainees at the peak of the COVID-19 Omicron variant pandemic**

*J. Kim, F. Wafy, P. Arthur, M. ElSayed, A. Al-Katib, M. Myers*

**Mindful self-compassion training for frontline physicians: A well-being pilot program**

*S. Ayala, P. Gardiner, E. Seely, J. Spiers, C. Pascal, N. Shadick*

**Mitigating physician burnout and promoting professional well-being: A multidisciplinary team approach in building and implementing a practice transformation program**

*G. Street, K. Adams, C. Muffet*

**Mixed methods research exploring the relationship between well-being and burnout in doctors**

*J. Jenkins, E. Boxley, G. Simons*

**Mobilizing legislation that protects physicians and health care workers in Canada from bullying, harassment and violence**

*A. Chisholm, Z. Saab, C. Simon*

**New England surgeons' intent to withdraw from clinical practice as related to burnout**

*L. Ruangvoravat, K. Olson, A. Larkin, W. Longo*

**On being a rat, an ant and a physician: The loneliness of the whistleblower in health care—an Egyptian experience**

*N. Khairy*

**Perioperative team relationships are associated with the burnout and professional fulfillment of surgeons in the northeastern United States**

*L. Ruangvoravat, K. Olson, A. Larkin, W. Longo*

**Physician burnout in Canada: A scoping review**

*J. Wagner, N. Kain, I. Hurava*

**S.P.A.C.E.: A novel online curriculum of the core elements of human flourishing and leadership in a large, multi-state health care system—impact on measures of physician and health care team member burnout, well-being and engagement**

*J. Fisher, T. Warren, T. Jenike*

**Positively energizing leadership training: Developing and implementing a program to address burnout in health care providers**

*K. Garver, A. Young, K. Maturen, P. Grover, K. Guyer, A. Lock*

**Practicing well: Integrating physician wellness and continuing medical education**

*L. Lefebvre, J. Alloo, M. Holowaty, L-A. Butler, S. Taylor*

**Pre-visit lab testing workflow enhances the patient and provider experience**

*A. Scully, N. Beran*

**Primary care physician use and frequency of visit among physicians in Ontario, Canada: A population-based cohort study**

*R. Roberts, M. Sood, P. Tanuseputro, D. Myran*

**Professional mental health programming for physician trainees: Evaluation, innovation and implementation**

*C. Pichan, C. Collins*

**Professional values and self-care: A qualitative study of how a peer support service helps distressed physicians to cope**

*I. Horne, K. Ro, F. Baathe, F. Veggeland*

**Promoting a culture of wellness by reducing email burden and improving email etiquette**

*L. Boldizar, M. Stewart, C. Wittlieb-Weber, A. Singh, E. Larsen*

**Proposal of new EHR documentation burden metric (DocLag) for characterization of preferred working hours and EHR usage in clinicians**

*S. De Arrigunaga, M. Shah, M. West, R. Mishuris, S. Rowe*

**Providing education in safe settings: A framework for postgraduate programs to promote resident clinical care, safety and wellness**

*S. Darani, S. Agnihotri, C. Ho, S. Sockalingam*

**Screening and engagement: How to reach there?**

*J. Kaur*

**SELF CARE model**

*D. Keyser, K. Ouchi, L. Grieco*

**Shattering stereotypes: An analysis of personality traits and career satisfaction across different specialties in medicine**

*N. Gupta, G. Ha, R. Sood, S. Boehmer, R. Olympia, A. Daya*

**Social distancing at the end of life and its effects on hospice and palliative care providers**

*R. Huselid, R. Gupta*

**SOS: A “System of Support” for second victims of serious anesthesia-related adverse events**

*L. Petrini, C. Pasquariello, S. Black*

**Supporting the people who support the mission: The interactive screening program launch at University of Texas Southwestern**

*S. Matulevicius, J. Harry, S. Maybery, L. Cooper*

**Supporting wellness, resilience and community with forest therapy**

*S. Ayala, S. Abookire, N. Shadick, E. Seely*

**Sustainable system-level change needs to be championed from the top: How hospital top managers reason about the central leadership task of balancing quality of patient care, economy and professionals’ fulfillment—preliminary findings from an interview study**

*F. Baathe, M. von Knorring, K. Ro*

**Tackling physician stress and stigma through a collaborative multi-institutional peer support program**

*C. Gomez-Di Cesare, T. Chung, L. Kohman, M. Scribani, W. Ryan, N. Harf*

**The development of an internal coaching program to improve physician and APP fulfillment**

*K. Jacob, C. Hilbert, A. Rinvelt*

**The impact of Schwartz Rounds attendance on the flourishing of pediatric health care professionals: A qualitative study**

*U. Oddiri, S. Islam, W-H. Lu, S. Post*

**The impact of the physical clinic environment on physician well-being and job satisfaction**

*A. Balu, J. Diaz*

**The measure matters: A core outcome set for physician well-being**

*G. Simons*

**The Michigan Action Progress System (MAPS): Enhancing a culture of professionalism, accountability and psychological safety**

*B. McMichael, M. Kemp, T. Engler, M. Bamdad, G. Sandhu*

**The state of wellness education in medical schools across North America: A scoping review**

*N. Raiter, K. Yau, A. Sharma, V. Do*

**Thematic analysis and natural language processing of job-related problems prior to physician suicide in 2003–2018**

*A. Haddad, K. Kim, N. Kos, G. Ye, S. Zisook, J. Davidson*

**Understanding sources of distress among resident physicians**

*J. Duncan, J. Hanson, E. Slat, S. Bernstein*

**Using a Hospitalist Morale Index (HMI) to measure well-being during the COVID-19 pandemic**

*H. Michtalik, G. Deol, S. Tackett, S. Paranjy, A. Jaber, F. Kisuule*

**Using rapid qualitative analysis to address markers of distress and burnout among faculty at an academic medical center: The experience of advanced practice providers during the first year of the COVID-19 pandemic**

*K. Dickerman, K. Jensen, K. Morrison, A. Gallant, S. Seggelke*

**Using rapid qualitative analysis to identify distress and burnout among research faculty at an academic medical center during the first 18 months of the COVID-19 pandemic**

*K. Jensen, K. Albright, S. Flores, J. Lowery, B. Mandt, K. Morrison*

**Values alignment between clinical leaders and clinicians: Impact on career plans of clinicians during the COVID-19 pandemic**

*C. Nosal, P. Shah, S. Cheney*

**WellDOM sound bites: Delivering wellness information in a steady drip to health care workers**

*K. Morrison, K. Jensen, K. O'Connor, D. Gilhuly*

**What you can do with 15 minutes: Wellness and how it impacts and improves resident burnout**

*A. Kreher*

**Working minds: Mental health awareness and suicide prevention in a large medical group**

*Y. Ghamarian, M. Zmuda, O. Pettis*

**Working towards inclusivity, psychological safety, and accountability through the implementation of a challenging interactions reporting tool**

*M. Stewart, E. Seike, J. Metha, A. Barnes, T. Bamat, D. Szalda*

**You've got gratitude! A multi-specialty and multi-institution program encouraging expressions of gratitude**

*M. Maksutova, M. Kemp, A. Singer, H. Alam, G. Sandhu*





# Continuing medical education information

## **AMA PRA Category 1 Credit™ information**

The **International Conference on Physician Health** seeks to promote a healthier culture of wellness for physicians and to reduce the stigma associated with ill health in physicians. In addition to providing a forum for practitioners and researchers to present recent findings and innovative treatments, the conference offers opportunities certified for *AMA PRA Category 1 Credit™*. *AMA PRA Category 1 Credit* recognizes physicians' participation in continuing medical education, and is accepted by hospital credentialing bodies, state medical licensure boards and medical specialty certifying boards, as well as other organizations.

## **Objectives**

- Explore creative ways to improve the organization's work environment and promote a positive culture to enable self-care, personal growth and compassion (for yourself, colleagues and patients).
- Evaluate your organization's efficiency of practice and identify organizational systems that could improve health care quality and patient safety.
- Assess your level of personal resilience and outline an action plan for increasing one's physical, emotional and professional wellness.
- Develop and implement effective strategies to measure physician wellness and/or advanced leadership support for wellness as a strategic priority within your organization.
- Leverage a network of internal and external peers to exchange best practices and share lessons learned as they relate to fostering physician health.

## **Target audience**

This international conference is intended for physicians in all specialties and for those who are in academics, students, physician health researchers, administrators, educators and consultants who wish to improve their knowledge, competence and performance in physician health.

## **Statement of need**

Physicians' professional wellness is increasingly recognized as being critically important to the delivery of high-quality health care, yet survey data indicates physician burnout nationally has reached crisis proportion. Physicians strive to achieve an optimal patient experience and provide the highest quality care while simultaneously facing increasing productivity and documentation demands that often lead to anxiety, fatigue, burnout and depression.

This leading-edge forum is designed to inspire organizations throughout the country to seek ways to bring back the joy in medicine and achieve professional fulfillment for all our physicians.

Through provocative keynote presentations, practical panel discussions, concurrent oral abstracts, and poster presentations of more than 70 different national wellness projects and programs, this three-day conference will offer an exciting format featuring progressive practitioners and noted researchers. We will provide an engaging forum to share innovative methods and discuss tangible strategies and tools that structuring organizations (i.e., hospitals, health systems, practices and clinics) can use to contribute to, rather than detract from, physician wellness. The conference will also showcase research on the infrastructure of health care systems and highlight what organizations can do to help combat burnout and promote wellness.

## **Desirable physician attributes (also known as competencies)**

CME activities must be developed within the context of desirable physician attributes or competencies. The International Conference on Physician Health has identified that this activity addresses the following competencies: patient care, professionalism and system-based practice.

## **Disclosure information**

The content of this activity does not relate to any product or service of a commercial interest as defined by the Accreditation Council for Continuing Medical Education; therefore, there are no relevant financial relationships to disclose. If applicable, all relevant financial relationships have been mitigated.

## **Full abstracts and author information**

All full abstracts, including author credentials, affiliations and contact information are listed in the "International Conference on Physician Health 2022 Abstract Book" and can be found on the conference webpage ([international-conference-physician-health.org](http://international-conference-physician-health.org)) for free download (.pdf) during and after the conference.

The American Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Medical Association designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **ABIM MOC statement**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to the ACCME for the purpose of granting ABIM MOC credit.

## **ABP MOC statement**

Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 14.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program; and

14.0 Lifelong Learning points in the American Board of Pathology's (ABPath) Continuing Certification program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting MOC credit.

## **ABOHNS MOC statement**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to 14.0 Self-Assessment points in the American Board of Otolaryngology – Head and Neck Surgery's (ABOHNS) Continuing Certification program to meet the expectations of the American Board of Otolaryngology's Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to the ACCME for the purpose of recognizing participation.

## We would like to thank the following individuals for their contributions to the planning of this conference:

### Program planning committee

Ashley Cummings, MBA (AMA)

Clare Dudley (BMA)

Stana Manojlovic (AMA)

Mary Meekings (BMA)

Taylor McFadden, PhD (CMA)

Lori Ramos-Petkofski (AMA)

Alekzander Sayers (AMA)

Nicole Silber (AMA)

Christopher Simon, PhD (CMA)

Michael Tutty, PhD, MHA (AMA)

Julia Wilkens, MBA (AMA)

Rosetta Wotton (BMA)

Joy Albuquerque, MD, MA

Jennifer Berliner, MD

Kathleen Blake, MD

Marie Brown, MD

Lindsey Carlasare, MBA

Deborah Cohen, MD

Leslie Flynn, Mmus, MD

Erica Frank, MD, MPH

Susan Hingle, MD

Karin Isaksson Ro, MD, PhD, MHA

Jill Jin, MD, MPH

Margaret Kay, PhD

Thomas Kitchen

Taylor McFadden, PhD

Nikitha Menon

Vimal Mishra, MD

Nancy Nankivil

Kyra Ng

Kristine Olson, MD, MSc

Lauren Poulin, PhD, MPP

Mariah Quinn, MD, MPH

Jonathan Ripp, MD, MPH

James Rohack, MD

Mithu Sen, MD

Christopher Simon, PhD

Christine Sinsky, MD

Michael Tutty, PhD, MHA

Reidar Tyssen, MD

Ira van der Steenstraten, MD

Julia Wilkens, MBA

Nick Yaghmour, MPP

Choong-Siew Yong, MD

### Abstract review committee

**Chairs: Daniel Tawfik, MD, MS and  
Colin West, MD, PhD**

## Thank you to our premier sponsor

The Physicians Foundation is a nonprofit 501(c)(3) organization committed to empowering physician leadership in the delivery of high-quality, cost-efficient health care. This mission is pursued through a variety of activities, including grant making, research, national surveys and policy studies. A key area on the foundation's radar is burnout, which affects more than half of American physicians. Burnout has serious implications for the entire health care system; younger talent

is dissuaded from entering the industry, practicing doctors experience difficulties balancing professional and personal life, and patients face decreased access to care at a higher cost. In addition to raising awareness about this critical issue that is predicted to cause a shortage of an estimated 90,000 surgeons by 2025, the foundation sponsors research aimed at gaining a comprehensive understanding of the sources and possible remedies of physician burnout. [physiciansfoundation.org](https://www.physiciansfoundation.org)



### Conference evaluation

Your feedback is important to us

Immediately following the conference, you will receive a link from the American Medical Association via email for an online evaluation.

Please take a few minutes to provide us with your thoughts regarding the conference. Your comments will help us evaluate the content and aid us in our future educational planning.

### Mark your calendars

Plan to join us in Canada for the next International Conference on Physician Health™ in 2024!

Email [physicianhealth@cma.ca](mailto:physicianhealth@cma.ca) to be placed on the conference mailing list and receive timely conference updates, including when the call for abstracts opens.

# Thank you to our exhibitors

## American College of Lifestyle Medicine



ACLM is the medical professional society providing quality education and certification to those dedicated to clinical and worksite practice of evidence-based lifestyle medicine as the foundation of a transformed and sustainable health care system.

[lifestylemedicine.org](https://lifestylemedicine.org)

## Coalition for Physician Well-Being



The Coalition for Physician Well-Being is a 501(c)3 tax-exempt association of dozens of health care systems, hospitals and professional organizations, represented by hundreds of individual members whose goal is to learn together and build robust, sustainable programs to foster and promote physician well-being.

[www.forphysicianwellbeing.org](https://www.forphysicianwellbeing.org)

## Hackensack Meridian Health



Hackensack Meridian Health is a leading not-for-profit health care organization that is the largest, most comprehensive and truly integrated health care network in New Jersey. They offer a complete range of medical services, innovative research and life-enhancing care. Hackensack Meridian Health comprises 17 hospitals from Bergen to Ocean counties and includes: four academic medical centers, two children's hospitals, nine community hospitals, a behavioral health hospital and two rehabilitation hospitals.

[hackensackmeridianhealth.org](https://hackensackmeridianhealth.org)

## Healing Breaths



Healing Breaths offers powerful programs for health care professionals teaching evidence-based techniques to help address burnout, build resilience and foster social connection with peers through immersive experiences. Our programs are based on data-driven, pre-post intervention measurements. In addition, we offer accredited continuing education (CE) credits for physicians, nurses, psychologists, social workers, pharmacists, dieticians and dentists.

[healingbreaths.org](https://healingbreaths.org)

## Oak Street Health



Oak Street Health is on a mission to rebuild healthcare as it should be with an innovative care model that centers on wellness-based, positive health outcomes for patients, not the volume of services provided. Our unwavering commitment to keeping patients healthy is highlighted by dedicated care teams that take time to get to know each individual, providing the personalized care they need to stay healthy and live life more fully.

[oakstreethealth.com](https://oakstreethealth.com)

## Wellsheet



Wellsheet's Smart EHR UI transforms the clinician experience with the EHR and is an intuitive, customizable, predictive clinical workflow platform that works within an existing EHR to surface the most relevant content in a view that is contextualized and prioritized for an individual's needs, reducing time in the EHR, burnout and LOS.

[Wellsheet.com](https://Wellsheet.com)

**ICPH2022**  
International Conference on Physician Health™